

City of Waverly Parks and Recreation

Coed Volleyball League Rules

Roster & Player Requirements

- A team consists of six (6) players on the court.
- Teams must play coed, defined as:
 - Maximum of three (3) males on the court at all times.
 - Teams may play with more than three females, but never more than three males
 - Example: 2 males and 4 females is legal.
- A team may play with as few as four (4) players without a forfeit.
 - Teams must have at least two (2) males on the court to play.
- Serving order and court rotation must always alternate male/female.
- If a team has five (5) players, the ghost rule will not be used.
 - The team will rotate serve normally as if six players are present.

Game Format & Timing

- Matches will start at the scheduled game time.
 - If fewer than four (4) players are present 10 minutes after start time, the first set is forfeited.
 - If fewer than four (4) players are present 15 minutes after start time, the entire match is forfeited.
- Matches consist of:
 - Best of three (3) sets OR
 - 50 minutes of running time, whichever occurs first.
- Scoring
 - Rally scoring is used for all sets.
 - Sets 1 & 2: play to 25 points
 - Set 3 (if needed): play to 15 points
 - Teams must win by 2 points.
 - Point cap:
 - 30 points for Sets 1 & 2
 - 25 points for Set 3
- Each team is allowed one (1) 30-second timeout per set.
- Net Height
 - Net will be set at Typical Men's height of (7'11 5/8)

Service Rules

- The first server for each team must be the right back position.
- The server may serve from any position laterally behind the end line.
- A serve that contacts the net and goes over is legal and in play.
- Coed Service Modifications
 - Serving order and court positions must alternate male/female.
 - Jump serves are not allowed.

Playing the Ball

- A team is allowed no more than three (3) contacts to return the ball.
- A block does not count as one of the three contacts.
- Legal contact:
 - The ball must not visibly come to rest or involve prolonged contact.

- Front row players may contact the ball from anywhere, provided the ball has not completely crossed the vertical plane of the net.
- Back row players:
 - May attack from behind the attack line at any height.
 - May not attack a ball completely above the net if positioned on or in front of the attack line.
- If the ball hits an overhead obstruction:
 - The ball remains in play if it stays on the same side and is legally played by the same team.

Coed Contact Rule

- If a team uses more than one contact, at least one contact must be made by a female player.
- Guy-to-guy contact is legal, including over the net.
- Three consecutive male contacts are not allowed.

Net & Blocking Rules

- A player may not contact a ball entirely on the opponent's side unless it is a legal block.
- Blocking a ball entirely on the opponent's side is legal only after the opposing team has completed its attack, defined as:
 - The team has used all three contacts, or
 - The ball is clearly directed toward the opponent's court, or
 - The ball is falling near the net, and no attacking player can make a play.

Fouls

- Blocking a serve is illegal.
- A net violation occurs when any part of a player's body contacts the net.
 - Hair touching the net is not a foul.
- A player may cross the center line with a foot or hand as long as part of it remains on or above the line.
- Crossing the center line with any other body part is illegal.

Sportsmanship & Conduct

- This league is intended to provide a safe, respectful, and enjoyable environment for all participants, officials, and spectators.
- Good sportsmanship is expected at all times, including before, during, and after matches.

Player Conduct

- Players must treat teammates, opponents, officials, and staff with respect and courtesy.
- Unsportsmanlike behavior will not be tolerated, including but not limited to:
 - Profanity or abusive language directed at others
 - Arguing with or disrespecting officials
 - Taunting, baiting, or intentionally distracting opponents
 - Physical or verbal intimidation
- Only team captains may respectfully address rule clarifications with officials.

Tournament & Playoff Eligibility

- All players must participate in at least one full regular season match to be eligible for tournament play.
- Players/Teams who have not paid their registration fee are ineligible for playoffs until the fee is paid in full.